Sahibzadas' Remembrance Day

Guru Nanak Study Circle Inc. (501(c) Non-Profit Organization)
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Saturday, December 5th, 2026

RULES AND REGULATIONS

General:

1. Deadline to register for this event is **Friday, November 27th, 2026**.
2. This year, this day is dedicated to our 10th Guru: **Guru Gobind Singh Ji**
3. Registration forms can be filled on the website. You can also email us the participant's name, DOB, city, and list of events for participation. It should be received by the deadline.
4. Anyone of the age **20 years or under may participate**.
5. Participants should arrive by **7:00 am** to check in for their competitions.
6. Failure to follow any of the rules below may be a cause for disqualification.
7. Gurmat etiquettes will be considered while judging.
8. Going over time in any event will result in deduction of points.
   After a 15 sec grace period, this is a progressive deduction: 1min: -2, 2min -4, 3min -8, 4min -16…..
9. **The decision of the judges will be final**.

Individual Kirtan Competition: ਗੁਰਬਾਣੀ ਕੀਰਤਨ (ਵਿਅਕਤਕ)

1. Age groups: **under 7 years, 7-9, 10-12, 13-15, and 16-20**.
2. This is an **individual** Kirtan competition. Any assistance may be a cause for disqualification (except tabla).
3. **Participants performing solely with a tanpura are allowed an instrument accompaniment, alongside the tabla player. This accompaniment can only have a mic on their instrument (not their vocals).**
4. Time limit: **6 minutes maximum**.
5. Participants will be judged on: sargam, taal, pronunciation, vocals and presentation.
6. Performance must be based on **any Raag**.

Group Kirtan Competition: ਗੁਰਬਾਣੀ ਕੀਰਤਨ (ਜੱਥਾ)

1. Age groups: **under 10 years, 11-14 years and 15-20 years**.
2. This is a **group** Kirtan competition (**no individual competition is allowed**).
3. Performance must be based on Raags:
   - 0-10 Years: **Bilawal (**ਬਿਲਾਵਲ**)** or **Kalyan (**ਕਲਿਆਨ**)** or **Bihagara (**ਬਿਹਾਗੜਾ**)**
   - 11-14 Years: **Jai Jai Vanti (**ਜੈ ਜੈ ਵੰਤੀ**)** or **Thukari (**ਤੁਖਾਰੀ**)** or **Soohi (**ਸੂਹੀ**)**
   - 15-20 Years: **Devghandhari (**ਦੇਵਗੰਧਾਰੀ**)** or **Vadhans (**ਵਡਹੰਸੁ**)** or **Todi (**ਟੋਡੀ**)**
4. Groups are **required to do an explanation** of Shabads (to be included in the 8 minute time limit).
5. Group may represent any Gurdwara, Sikh institution or organization.
6. A group must have a **minimum of 4 and maximum of 10 members**.
7. Time limit: **8 minutes maximum**.
8. Members in the group may use instruments in addition to harmonium and tabla. (For example, if a member knows how to play Sitar, Guitar, Clarinet, Flute, Dilruba, Rabab, Tar shenai, Santoor, Violin, it is always encouraged to play while performing).
9. Each member in the group must be within the age group, **excluding the tabla player**.

10. **No participant can take part in two groups**.
11. Group Kirtan will be judged on: sargam, taal, pronunciation, vocals, presentation, and appearance.

Gurbani Recitation (from memory): ਗੁਰਬਾਣੀ ਕੰਠ

1. Age groups: **under 7 years, 7-9, 10-12, 13-15 and 16-20**.
2. Participants will be judged on: the following baanis:
   - **Mool Mantar, Japji Sahib, Jaap Sahib, Tav Prasad Swaiye, Chaupai Sahib, Anand Sahib, Rehraas Sahib, Sohila, and Sukhmani Sahib**
3. Points will be given based on:
   - Pronunciation/Clarity, Flow(smoothness, pace), General Knowledge, Gurmat Etiquette
4. Time limit: **5 Minutes Maximum**

Sikh Voices: ਸਿੱਖਾਂ ਦੀ ਆਵਾਜ਼

1. Age groups: **under 7 years, 7-9, 10-12, 13-15 and 16-20**.
2. Participants must present one of the topics below. Presentation may consist of speech, kavita, narrative storytelling, or a creative presentation etc. If a participant's piece is not about one of the below prompts, he/she may be disqualified.
3. Topics:
   a. **What practical impacts did the creation of the Khalsa Panth have towards spirituality, equality, justice, and the idea of the Saint-Soldier? Discuss its historical and modern-day impacts.**

      ਖ਼ਾਲਸਾ ਪੰਥ ਦੀ ਸਾਜਨਾ ਨੇ ਸਾਡੀ ਅਧਿਆਤਮਿਕਤਾ, ਬਰਾਬਰੀ, ਇਨਸਾਫ਼, ਅਤੇ ਸੰਤ-ਸਿਪਾਹੀ ਦੇ ਰੂਪ 'ਤੇ ਕੀ ਅਮਲੀ ਅਸਰ ਪਾਏ? ਇਸ ਦੇ ਇਤਿਹਾਸਕ ਅਤੇ ਅੱਜ ਦੇ ਸਮੇਂ 'ਤੇ ਪਏ ਪ੍ਰਭਾਵਾਂ ਦੀ ਚਰਚਾ ਕਰੋ।

   b. **What do we learn from Guru Gobind Singh Ji's life of sacrifice, battles fought, and resilience (values and Chardi Kala) in the face of extreme adversity.**

      ਗੁਰੂ ਗੋਬਿੰਦ ਸਿੰਘ ਜੀ ਦੇ ਕੁਰਬਾਨੀਆਂ ਭਰੇ ਜੀਵਨ, ਲੜੀਆਂ ਗਈਆਂ ਜੰਗਾਂ, ਅਤੇ ਅਣਖ ਤੋਂ ਸਾਨੂੰ ਕੀ ਸਿੱਖਣ ਨੂੰ ਮਿਲਦਾ ਹੈ? ਇਸ ਗੱਲ ਦੀ ਚਰਚਾ ਕਰੋ ਕਿ ਉਨ੍ਹਾਂ ਨੇ ਭਾਰੀ ਮੁਸ਼ਕਲਾਂ ਦੇ ਬਾਵਜੂਦ ਉੱਚੇ ਨੈਤਿਕ ਗੁਣਾਂ ਅਤੇ ਚੜ੍ਹਦੀ ਕਲਾ ਨੂੰ ਕਿਵੇਂ ਕਾਇਮ ਰੱਖਿਆ।

   c. **Discuss the importance of Guru Gobind Singh Ji's decision to proclaim Guru Granth Sahib Ji as the eternal source of guidance for Sikhs, both individually and for the collective panth.**

      ਗੁਰੂ ਗੋਬਿੰਦ ਸਿੰਘ ਜੀ ਵੱਲੋਂ ਗੁਰੂ ਗ੍ਰੰਥ ਸਾਹਿਬ ਜੀ ਨੂੰ ਸਿੱਖਾਂ ਦੇ ਸਦਾ ਰਹਿਣ ਵਾਲੇ ਗੁਰੂ ਥਾਪਣ ਦੇ ਫੈਸਲੇ ਦੀ ਕੀ ਅਹਿਮੀਅਤ ਹੈ? ਇਸ ਗੱਲ ਦੀ ਚਰਚਾ ਕਰੋ ਕਿ ਇਹ ਫੈਸਲਾ ਇੱਕ ਸਿੱਖ ਲਈ ਅਤੇ ਪੂਰੇ ਪੰਥ ਲਈ ਕਿਉਂ ਜ਼ਰੂਰੀ ਹੈ।

4. Time limit: **5 minutes maximum**.
5. Participants will be judged on subject matter, clarity, facial expression, body language, knowledge of material and presentation.
6. **Additional points will be given for speeches in Punjabi**
7. Sikh Voices presentation must have **at least 3 historical facts and at least one Gurbani reference**.

Sikhi Quiz: ਸਿੱਖੀ ਸਵਾਲ ਜਵਾਬ

1. No age groups. Anyone **20 or younger** can be a member of the group in this event.
2. Group members are allowed to discuss questions among themselves. Any outside assistance may cause disqualification from the competition.
3. Only one group may represent a(n) Gurdwara/Institution/Organization.
4. Different Groups will compete among each other, giving answers to questions related to **Guru Gobind Singh Ji.**
5. A group should have exactly **four** members.

Turban Or Dumalla Tying: ਦਸਤਾਰਬੰਦੀ

1. Age groups: **under 7 years, 7-9, 10-12, 13-15, and 16-20**.
2. A participant may take part only **in Turban or Dumalla**.
3. A participant can only participate in one or the other (**Turban or Dumalla**).
4. Time limit on all age groups is **10 minutes**.

Basketball Free Throws: ਬਾਸਕੇਟਬਾਲ

1. Age groups: **under 7 years, 7-9, 10-12, 13-15, and 16-20**.
2. Participants will have to make free throws in the given time.

Instrument Performance: ਸਾਜ ਵਜਾਉਣਾ

1. Age groups: **under 7 years, 7-9, 10-12, 13-15, and 16-20**.
2. This is an **individual competition**.
3. Any instrument can be performed like **Sitar, Guitar, Clarinet, Flute, Dilruba, Rabab, Tar Shenai, Santoor, Violin, Dhad, Harmonium, or any other Tanti Saaz but Dhol, Drums or any other infeasible instruments will not be allowed**. If you are unclear about the feasibility of your instrument, please check with sewadar. Singing is restricted in this competition but introduction is allowed.
4. Composition should be solely based on 31 Raag from **Sahib Sri Guru Granth Sahib Ji**. No filmy tunes will be allowed.
5. Participants can compete in both Tabla and Instrument
6. Time limit is **4 minutes with 15 seconds grace period**.

Tabla/Jorhi Performance: ਤਬਲਾ ਵਜਾਉਣਾ

1. Age groups: **under 7 years, 7-9, 10-12, 13-15, and 16-20**.
2. This is an **individual Tabla/Jorhi competition**, participants can have someone accompany with a lehra
3. Participants can compete in both Tabla and Instrument
4. Participants will be judged on: **leh, taal, clarity, complexity, technique and presentation**
5. Time limit is **4 minutes with 15 seconds grace period**.

Gatka: Singhs/Kaurs: ਗੱਤਕਾ

1. This is an **individual competition**. Any assistance may be cause for disqualification.
2. Age groups: **under 7 years, 7-9, 10-12, 13-15, and 16-20**.
3. Participants will be judged both in Panthra & Shashtar Spinning. It is NOT a fighting competition.
4. **Time limit is 90 Seconds** in total, which includes both Panthra and a Shashtar Spinning routine.
5. **Each age group will be judged on a specific Spinning Shashtar along with the Panthra.**
    - **Under 7 years: Open**
    - **7-9, 10-12: Daang**

- **13-15: Double Marati**
- **16-20: Single Kirpan**

6. A participant must not go over the time limit. The performance will end by the sound of the whistle at the completion of the 90s.
7. For **Panthra**: Participants will be judged on the following criteria**:**
   - Basics: Namaskar, jumps, Parkarma & Snake Parkarma, Ghor Chaal, End Namaskar
   - Presence: Face expression, body language, use of area, focus on Shashtars
   - Rare/special skills displayed: 360, Sidi-Phuti jumps, etc.
8. For **Spinning**: Participants will be judged on the following criteria**:**
   - Basics (Aglay-Pichlay, Aara, Phutha Vaar)
   - Presence & Area (Face expression, use of area, focus on Shashtar)
   - Special Vaars/ Movements
9. For **Both**: Participants will be judged on the following criteria**:**
   - Speed (Movement of body & Vaars, interchanging between slow & fast)
   - Balance (Control of Vaars & body, participant to Shashtar ratio, use of free hand, cleanliness of Vaars & Movement)
   - Bana (Dastar, Kurta/Chola/Suit, Kamarkasa)
10. Overall presentation (minus points, respect of Shashtar)
    - Dumala Shashtars, Small/Big Gatra Kirpans, Khajanas, performance w/ no shoes & other accessories will gain you extra points
    - Dropping spinning shashtars, loose kamarkasa, untied shoelaces, and dropping personal Shashtars will cost you points

Painting/Drawing: ਚਿੱਤਰਕਾਰੀ

1. Age groups: **under 7 years, 7-9, 10-12, 13-15, and 16-20.**
2. This is an **individual competition**. Participants will be given a standard white paper of size 8.5” x 11” or 8.5” x 14” or 11” x 17”. Painting/Drawing theme is “**Any Event or aspect of Guru Gobind Singh Ji in Sikhi**”. Participants will be given Crayons and Pencil colors only. Participants can bring their own colors, if they wish to do so. They can use any type of colors: pencils, charcoal, crayons, water or oil paints. Any assistance may be a cause for disqualification.
3. Time limit: **10 minutes maximum**.
4. Judges will judge in three areas – **Preparation, Painting (smooth coverage, clean lines, even transitions in shading, areas are properly highlighted and shaded) and Finish Work/Detail**.

Parshada Making: ਪ੍ਰਸ਼ਾਦਾ ਤਿਆਰ ਕਰਨਾ

1. Age groups: **10-12, 13-15, and 16-20**. Kids under age of 10 can’t participate.
2. This is an **individual competition**. A participant has to prepare 1 Parshada only. Participants will be provided two types of ready dough: firm and extra firm. Participants can prepare or bring their own dough. There will be an appointed space for preparing dough before the actual competition but when your turn comes, make sure that you are ready with your dough.
3. This competition is open for both boys and girls. Time limit: **3 minutes maximum**.
4. This is the participant's responsibility to make sure that everything is ready before time starts, like dough, dry flour, roller, a piece of cloth, tong, serving plate and moreover make sure that cooking plate is hot enough.
5. Judges will judge in three areas – Respect given for making parshada (washing hands, head covered, doing paath etc.), shape & size of parshada (circle shape with less wrinkles on the edges), and blow of parshada.